

Extension News on the go...

INFORMATION AND UPCOMING EVENTS FROM THE UF/IFAS EXTENSION OFFICE FLAGLER COUNTY

150 SAWGRASS ROAD, BUNNELL, FL 32110 PHONE: 386-437-7464

JANUARY, 2017



Sleep More and Stress Less

Thursday, January 12

Stress and lack of sleep can adversely affect your health. Learn ways to improve your sleep habits and reduce stress.

Registration:

<https://attendee.gototraining.com/r/8834334414974300929>



Personal Income Tax Preparation and Filing

Tuesday, January 17

An IRS representative will discuss options for free tax filing, provide information about tax credits & deductions, and demonstrate IRS tools to help you with your return.

Registration:

<https://attendee.gototraining.com/r/8490654567963526401>



Department of the Treasury
Internal Revenue Service

Federal Income Tax Management

Thursday, January 26

We will discuss federal income rates, credits, deductions, and basic strategies to manage your tax liability.

Registration:

<https://attendee.gototraining.com/r/6318391226408347649>

WANT MORE INFORMATION ON ANY OF THESE TOPICS? ASK AT THE FRONT DESK...

TCAA 4-H Potato Field Day



New workshops in 2017

When:

1. Planting is on January 16 at 9am
2. Harvesting is on April 20 at 9am

Where:

UF/IFAS Hasting Agricultural Extension Center
9500 Cowpen Branch Rd., Hastings

Open to 4-H members ages 5 to 18

This is a free event. Register online at 4honline.com before January 6, 2017

NEED CEUs?

Pesticide applicators can find out about upcoming licensing and CEU trainings by contacting Mark at 437-7464.

Landscape professionals needing Green Industries BMP certification should contact Maxine at 437-7464.



Master Gardener Clinic Hours at the Extension Office: Monday and Thursday 10am until 2pm.

Plants and turf grass - both healthy and damaged (not dead) growth with leaf, stem and any seed heads. Wrap in dry paper towel and seal in plastic bag.

Do not leave samples in hot car.

Lawn samples - an 8 inch square, 2 inches deep, soil attached to roots.

Water sample: - 1 cup in a water bottle.

Soil: up to 4 samples (1 cup each) in a plastic sealed plastic bag collected from 4-6" deep.

Spring Fling, Garden Rummage and Plant Sale

Saturday April 1, 2017



Free Plant Clinic, Garden Showcase, Plant Fundraiser, Baked Goods and Raffle drawings.

Seminars—TBA

More details next month.

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